

Meal	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Cornflakes Milk Fried egg Beef/Pork Sausage Jam/ Marmalade Margarine Bread/ Toast Hot Beverage	Cocopops/ Strawberry pops Milk Scrambled egg Burger pate Jam/ marmalade Margarine Bread/Toast Hot Beverage	Cerevita Milk Liver Baked beans Jam/ marmalade Margarine Bread /Toast Hot Beverage	Branflakes/Oatmeal Milk Boiled egg Bacon Jam/ marmalade Margarine Bread/ Toast Hot Beverage	Rice Crispies Milk Staffed omelet Baked beans Jam/ marmalade Margarine Bread/ Toast Hot Beverage	Otees Milk French Toast Mince Jam/ marmalade Margarine Bread/ Toast Hot Beverage	Cerevita Milk Baked beans Liver Jam/ marmalade Margarine Bread/ Toast Hot Beverage
AM Tea	Ham Sandwich Hot Beverage	Cheese and Tomato Sandwich Hot beverage	Syrup/ Peanut butter Sandwich Hot beverage	Polony Sandwich Hot beverage	Jam/ Marmalade Sandwich Hot Beverage	Scone Beverage	Chicken Mayo Beverage
Lunch	Roast Chicken Rice French Salad Apple crumble and custard sauce	Spaghetti Bolognaise Butternuts Green beans Ice cream	Beef stew Sauté potato Green salad Yoghurt	Macaroni Chicken curry Sambals Fruit Salad	Sadza Beef stew Green vegetables Cake	Fried rice French salad Jelly	Spaghetti Meat balls Greek salad Pudding

PM Tea	Cinnamon Roll Beverage	Queen Cake Beverage	Scone Beverage	Chelsea bun Beverage	Banana loaf Beverage		
Dinner	Pork Chop/ T-bone steak Mashed potato Mixed veggies Juice Fruit	Roast beef Rice Gravy Coleslaw Juice Fruit	Chicken Sadza Green vegetables Juice Fruit	Savory Noodles Meat balls Peas and carrot Juice Fruit	Grilled Fish/Chicken Potato wedges Creamed Spinach Juice Fruit	Chefs special	Chefs Special

NB: All special dietary requirements will be taken note of.